



Integral University, Lucknow

Effective from Session: 2022-2023							
Course Code	B150101T/ES125	Title of the Course	Basics of Environmental Science	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	10+2	Co-requisite					
Course Objectives	This course provides students with a working knowledge of concept of environment and the relation between human and its relation with the environment.						

Course Outcomes				
CO1	Gain knowledge about origin of life and related theories.			
CO2	Learn fundamental concept of environmental science.			
CO3	Develop the understanding about environmental education and able to understand the relationship between human and environment.			
CO4	Understand the concept of sustainable development and SDG and also able to understand the current scenario of environmental degradation.			
CO5	Learn the significance and importance of environmental management and have the practical knowledge about the affected areas of environment.			
Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Evolution	Origin of life and speciation, Darwinism and modern synthetic theory of evolution, Natural Selection; Biochemical basis of origin of life; Hardy Weinberg Equilibrium; Genetic drift.	8	CO1
2	Concept of Environment	Definition, Principles and Scope of Environmental Science; Environment, its components and segments; Moral and Aesthetic Nature of Environmental Science; Objectives and Historic roots of the subject; for Public Awareness.	8	CO2
3	Environmental	Goals of environmental education; Environmental Literacy, Environmental Careers, Environmental Justice, Individual Organisms, Environmentalism, Environmental Education at Primary, Secondary level.	6	CO3
4	Man and Environment:	Man-Environment relationships; Impacts of human activity on environment (Agriculture, transportation, mining, urbanization, industrialization); Environmental Degradation and Conservation Issues, Modern concept of environmental conservation	8	CO3
5	Sustainable development	Concept and Significance of sustainable development, Core elements of sustainable development, Over-view of SDG (Sustainable Development Goals).	6	CO4
6	Current Environmental Issues	Ill effects of fireworks and environmental degradation, Climate change and its effects on human health, Deforestation and its impacts on human communities and flora and fauna of the Environment.	8	CO4
7	Environmental Management	Significance of Environment Management, Resettlement and rehabilitation of project affected areas, Environmental ethics: Role of Indian's religions and cultures in environmental conservation, Communication and public awareness programs for environment management.	8	CO5
8	Field Survey	Assessment of impacts of anthropogenic activities in the surrounding environment; Evaluation of the consequences rising from agricultural and commercial logging practices to preserve environment, case study, Reclamation and monitoring of the affected area by developmental activities: case study.	8	CO5

Reference Books:

1. Environmental Science by William P. Cunningham and Mary Ann Cunningham; McGraw-Hill Publications.
2. Environmental Science: Earth as a Living Planet by Botkin and Keller; JOHN WILEY & SONS, INC
3. A text Book of Environment Studies, Asthana, D. K. and Asthana, M. 2006, S. Chand & Co.
4. Environmental Encyclopedia, Jaico Publ. House, Mumabai, 1196p
5. Atmosphere, Weather and Climate, Barry, R. G. 2003, Routledge Press, UK.
6. Environmental Science: S. C. Santra, New Central Book Agency.

e-Learning Source:

1. Environmental Science, Dr. Y. K. Singh, <https://www.hzu.edu.in/bed/E%20V%20S.pdf>
2. Textbook for Environmental Studies, Erach Bharucha, <https://www.ugc.ac.in/oldpdf/modelcurriculum/env.pdf>
3. Fundamentals of Environmental Studies, <https://www.jkcpri.ac.in/download/11567250727.pdf>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)																		
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	3	2	-	-	-	-	-	-	-	-	-	-	2	2	-	-	-	-
CO2	3	3	-	-	-	-	-	-	-	-	-	-	3	2	-	-	-	-
CO3	2	2	-	-	-	-	-	-	-	-	-	-	2	3	-	-	-	-
CO4	3	3	-	-	-	-	-	-	-	-	-	-	2	2	-	-	-	-
CO5	2	1	-	-	-	-	-	-	-	-	-	-	3	2	-	-	-	-

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Course Outcomes	
CO1	Students will be able to analyze formation of Solar System, details about Earth, Atmosphere & Hydrosphere through study of Solar System and history of Earth.
CO2	Students will be able to Analyze role of Plate Tectonics in Various Earth Surface Processes.
CO3	Create in student's ability to understand about changes in Earth's history with time and movements of continents
CO4	Students will be able to evaluate the significance of Rocks and role of atmosphere as life support system.
CO5	Students will Evaluate the importance of mountains in Earth Surface processes.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Solar System & Its Formation	Solar System formation: Sun, Planets, Moon, asteroids, Meteoroids, Formation of Earth, Differentiation of the Earth, Evidence of Differentiation of Earth.	6	CO1
2	Planet Earth , its Composition & Internal Structure	Size and Distance , Orbit and Rotation, Earth's Chemical Composition, Internal Structure of Earth, gravitational and magnetic fields of the earth, origin of the main geomagnetic field	8	CO1
3	Lithospheric Plates & Plate Tectonics	Movement of Lithosphere Plates, Mantle Convection, Plate Tectonics, Major Plates, Plate Tectonic Boundaries :Destructive, Constructive & Conservative Plate boundaries	8	CO2
4	Geological Time Scale & Major Changes on the Earth Surface	Geological Time Scale, Geochronology, Divisions of Geologic Time Scale: Eon, Era, Period & Epoch, Cryptozoic Eon, Phanerozoic Eon, Holocene & emergence of Humans, Mass extinctions	6	CO3
5	Theory & Concepts related to movements of Continents and Disasters having origin inside Earth	Hydrosphere as life support System, Sea Floor Spreading , Continental Drift Theory & evidences in support, Hot Spots, Volcanoes & Earthquake	8	CO3
6	Mineral & Rocks	Minerals and important rock forming minerals, rock Cycle, lithification , metamorphism Igneous Rocks, Sedimentary Rocks & Metamorphic Rocks, Physical Weathering Processes, Chemical Weathering Processes, Biological Weathering Process, Erosion & agents of Erosion, Physical Processes of Erosion, Factors affecting Erosion	8	CO4
7	Atmosphere as Life Support System	Role of Atmosphere on Earth: evolution of earth's atmosphere, composition and structure of atmosphere, physical and optical properties, circulation; interfaces: atmosphere–ocean interface, atmosphere–land interface, ocean–land interface; land surface processes.	8	CO4
8	Importance of being a mountain	Formation of Peninsular Indian mountain systems - Western and Eastern Ghats, Vindhyas, Aravallis, etc. Formation of the Himalaya; development of glaciers, perennial river systems and evolution of monsoon in Indian subcontinent; formation of Indo-Gangetic Plains	8	CO5

1. Bridge, J., & Demicco, R. 2008. Earth Surface Processes, Landforms and Sediment deposits. Cambridge University Press
2. Duff, P. M. D., & Duff, D. (Eds.). 1993. Holmes' Principles of Physical Geology. Taylor & Francis.
3. Gupta, A.K., Anderson, D.M., & Overpeck, J. T. 2003. Abrupt changes in the Asian southwest monsoon during the Holocene and their links to the North Atlantic Ocean. *Nature* 421: 354-357.

1. <https://swayam.gov.in/>
2. <https://ocw.mit.edu/courses/earth-atmospheric-and-planetary-sciences/12-163-surface-processes-and-landscape-evolution-fall-2004/lecture-notes/>
3. <https://nptel.ac.in/courses/105104190/>

	Course Articulation Matrix: (Mapping of COs with POs and PSOs)																	
PO- PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	2	3	-	-	-	-	-	-	-	-	-	-	2	3	-	-	-	-
CO2	3	1	-	-	-	-	-	-	-	-	-	-	2	3	-	-	-	-
CO3	2	2	-	-	-	-	-	-	-	-	-	-	2	3	-	-	-	-
CO4	1	3	-	-	-	-	-	-	-	-	-	-	2	3	-	-	-	-
CO5	3	1	-	-	-	-	-	-	-	-	-	-	2	3	-	-	-	-

2- Low Correlation: 2- Moderate Correlation: 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Course Outcomes	
CO1	Students will be able to understand the good Laboratory Practices including Dos & DON'Ts in the laboratory.
CO2	Students will be able to learn interaction of human with environment.
CO3	Students develop understanding about local environmental problems and able to find remedy.
CO4	Gain knowledge about different meteorological parameters.

Reference Books:			
Environmental Science: Earth as a Living Planet by Botkin and Keller; JOHN WILEY & SONS, INC.			
A text Book of Environment Studies, Asthana, D. K. and Asthana, M. 2006, S. Chand & Co.			
Atmosphere, Weather and Climate, Barry, R. G. 2003, Routledge Press, UK.			
Environmental Science: S. C. Santra, New Central Book Agency.			

1. Good Lab Practices, https://youtu.be/YXl6MLvcGic ; https://youtu.be/TADfGsa3Ro .
2. Indian Meteorological Department, Weather, https://mausam.imd.gov.in/imd_latest/weather_video/video.php .
3. Atmospheric Pressure, https://youtu.be/r7ZfJ-yP3U ; https://youtu.be/JQp63iUYSGU .
4. Anemometer, https://youtu.be/cWzGDEdVEgY ; https://youtu.be/J5Eh6EU18Us ; https://youtu.be/n5deIWQigrk .
5. Rain gauge, https://youtu.be/y6tyAy_MRv0 ; https://youtu.be/IU9CsbAkRbc .

3- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Department of Environmental Science

Effective from Session: 2022-2023							
Course Code	B150104P/ES128	Title of the Course	Earth Surface Processes Lab.	L	T	P	C
Year	I	Semester	I	0	0	4	2
Pre-Requisite	10+2	Co-requisite					
Course Objectives	This course provides students with a working knowledge of optical physics, including diffraction, polarization and laser physics.						

Course Outcomes	
CO1	Students will be able to Analyze formation of Solar System.
CO2	Students will be able to Analyze role of geological time scale and internal structure of Earth.
CO3	Create in student's ability to understand about identification of Mineral and physical properties of Earth.
CO4	Create in student's ability to understand about identification of Rocks.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	To Study about Solar System through a Model	Students will be able to Analyze formation of Solar System	8	CO1
2	To Study about geological Time Scale through a Model To Study about internal Structure of Earth through a Model.	Students will be able to Analyze role of geological time scale and internal structure of Earth.	8	CO2
3	Identification of Mineral using Physical Properties: Feldspar, Quartz, Muscovite, Galena, Haematite	Create in student's ability to understand about identification of Mineral and physical properties of Earth	8	CO3
4	Identification of Rock:	Create in student's ability to understand about identification of Rocks. Identification of Rock: a. Igneous Rocks: Granite, Compact Basalt, Rhyolite. b. Sedimentary Rocks: Sandstone, Limestone, Shale, Laterite, Conglomerate. c. Metamorphic Rocks: Slate, Marble	8	CO4

Reference Books:

1. Bridge, J., & Demicco, R. 2008. Earth Surface Processes, Landforms and Sediment deposits. Cambridge University Press
2. Duff, P. M. D., & Duff, D. (Eds.). 1993. Holmes' Principles of Physical Geology. Taylor & Francis.
3. Gupta, A.K., Anderson, D.M., & Overpeck, J. T. 2003. Abrupt changes in the Asian southwest monsoon during the Holocene and their links to the North Atlantic Ocean. Nature 421: 354-357.

e-Learning Source:

1. <https://soe.unipune.ac.in/studymaterial/swapnaGaikwadOnline/3bgeologictimescaleandextinction-150126074104-conversion-gate02.pdf>
2. <http://ppup.ac.in/download/econtent/pdf/Geological%20Timescale%20-%20BA%20Part%201,%20Paper%20-1,%20unit%20-2.pdf>
3. <https://www3.nd.edu/~cneal/planetearth/Chapt-13-Marshak.pdf>
4. <https://sci.waikato.ac.nz/evolution/Geoltimescale.pdf>
5. <https://www.dnr.sc.gov/geology/pdfs/education/Geologic%20Time.pdf>
6. <https://ncert.nic.in/textbook/pdf/fess201.pdf>
7. https://web.njit.edu/~cao/Phys320_L8.pdf
8. [https://nitsri.ac.in/Department/Civil%20Engineering/CIV-404\(P\)_Geology_Lab_EGM_Lab_Manual_2.pdf](https://nitsri.ac.in/Department/Civil%20Engineering/CIV-404(P)_Geology_Lab_EGM_Lab_Manual_2.pdf)
9. <https://egyankosh.ac.in/bitstream/123456789/58880/1/EXPERIMENT%204.pdf>
10. https://www.atri.edu.in/images/pdf/publications/Manual_Geology.pdf
11. <https://www.youtube.com/watch?v=libKVRa01L8>
12. <https://www.youtube.com/watch?v=EytrFc9qIOo>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)																		
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	3	2											3	3				
CO2	3	2											3	3				
CO3	3	2											3	3				
CO4	3	2											3	3				

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HOD
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Effective from Session: 2022-2023							
Course Code	B150105T/ES129	Title of the Course	Society and Environment	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	10+2	Co-requisite					
Course Objectives	This course provides students the knowledge and understanding of environmental issues and social inequalities						

Course Outcomes	
CO1	To develop the social and cultural attitude towards the environment.
CO2	To develop attitude among students on the issues arising from anthropogenic activities.
CO3	To develop clear thinking about inequalities of class, gender, race and the rehabilitation of the project affected people.
CO4	To develop attitude towards the issues arising from the development of urbanization and technological development and its impact on environment.
CO5	To enable students to participate as a volunteer on various environmental issues

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction	Social and cultural construction of 'environment'; environmental thought from historical and contemporary perspective in light of the concepts of Gross Net Happiness and Aldo Leopold's Land Ethic	6	CO1
2	Environmental Issues	Significant global environmental issues such as acid rain, climate change, and resource depletion; historical developments in cultural, social and economic issues related to land, forest, and water management in a global context	8	CO2
3	Environment and Social Inequalities	Inequalities of race, class, gender, region, and nation-state in access to healthy and safe environments; development-induced displacement, resettlement, and rehabilitation: problems, concerns, and compensative mechanisms; discussion on Project Affected People (PAPs).	8	CO3
4	Urbanization and Environment	Production and consumption-oriented approaches to environmental issues in Indian as well as global context; impact of industry and technology on environment; urban sprawl, traffic congestion and social-economic problems; conflict between economic and environmental interests.	8	CO4
5	Community participation	State, corporate, civil society, community, and individual-level initiatives to ensure sustainable development; case studies of environmental movements (Appiko Movement, Chipko Movement, Narmada Bachao Andolan)	8	CO4
6	Environmental Ethics	Principle of Environmental ethics, issues and possible solutions; Ethical Dimension of Global Environmental Issues; Living and Coping with World Risk Society; The Risk Society Thesis	8	CO5
7	Environmental groups and Organization	Corporate responsibility movement; appropriate technology movement; environmental groups and movements, citizen groups; role played by NGOs; Environmental education and awareness; New Social Movements and the Environmental Concerns; Political Ecology	8	CO5
8	Human-environmental Impact	Soil degradation, Landform change, Hydrology, Plant distribution, Climatology, interface between environment and society	6	CO1

Reference Books:

- Chokkan, K.B., Pandya, H. & Raghunathan, H. (eds). 2004.
- Understanding Environment. Sagar Publication India Pvt. Ltd., New Delhi.
- Elliot, D. 2003. Energy, Society and Environment, Technology for a Sustainable Future. Routledge Press.
- National Research Council (NRC). 1996. Linking Science and Technology to Society's Environmental Goals National Academy Press

e-Learning Source:

- <https://www.britannica.com/topic/environmentalism/History-of-the-environmental-movement>
- chrome-extension://efaidnbmninnibpcapjpcglclefindmkaj/https://ncert.nic.in/textbook/pdf/lebo116.pdf

Course Articulation Matrix: (Mapping of COs with POs and PSOs)																		
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	2	1	-	-	-	-	-	-	-	-	-	-	1	1	-	-	-	-
CO2	3	2	-	-	-	-	-	-	-	-	-	-	2	1	-	-	-	-
CO3	3	1	-	-	-	-	-	-	-	-	-	-	2	2	-	-	-	-
CO4	3	1	-	-	-	-	-	-	-	-	-	-	1	2	-	-	-	-
CO5	2	1	-	-	-	-	-	-	-	-	-	-	1	2	-	-	-	-

Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2022-2023							
Course Code	B 1 5 0 1 0 6 P / E S 130	Title of the Course	Environment and Society Lab	L	T	P	C
Year	I	Semester	I	0	0	4	2
Pre-Requisite	10+2	Co-requisite					
Course Objectives	This course provides students the knowledge of plantation of nearby areas; management of solid waste and environmental problems of nearby areas with its solution						

Course Outcomes	
CO1	To know about management of solid waste.
CO2	To gain the knowledge of environmental problems of nearby areas with its solution.
CO3	To gain the knowledge of Relationship of Human and Environment.
CO4	To know about the plantation of nearby areas including medicinal plants.
CO5	

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Understanding of Solid Waste Management Techniques	Visit to Solid Waste Treatment Plant	8	CO1
2	Recognition of environmental problems	Describe the environmental problem of your locality and suggest a remedy	8	CO2
3	Relationship of Human and Environment.	Study of effects of human interaction with natural environment.	8	CO3
4	Identification of Flora	Identification of flora and plantation of five medicinal trees in your area	8	CO4

Reference Books:

- Environmental Science: Earth as a Living Planet by Botkin and Keller; JOHN WILEY & SONS
- A text Book of Environment Studies
- Atmosphere
- Environmental Science: S. C. Santra

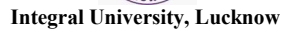
e-Learning Source:

- <http://learningintheleaves.co.uk/flora-and-fauna-identification>
- Systematic review of epidemiological studies on health effects associated with management of solid waste

	Course Articulation Matrix: (Mapping of COs with POs and PSOs)																	
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO4	PSO5	PSO6	PSO7
CO1	2	1											1	1				
CO2	1	2											2	2				
CO3	2	1											1	2				
CO4	2	2											2	2				
CO5																		

4- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator					Sign & Seal of HoD				
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Course Outcomes	
CO1	To gain an understanding of the history, benefits, and components of a rainwater harvesting system.
CO2	Understand the main purpose of a rainwater system.
CO3	Understand the Rainfall Pattern
CO4	To gain a detailed knowledge regarding time-tested and reliable methods of collecting, storing, transferring and treating rain water to be used as a substitute for potable water supplies.
CO5	Understand the benefits of conservation of our natural resources.

Reference Books:
Traditional Water Harvesting Systems: An Ecological Economics Survey- Bhuban C Barah
Rain Water Harvesting : A New Concept to Utilize Rainwater and Secure the Future- J.M.Jaina & Brothers
Rainwater Harvesting for Drylands and Beyond, Volume 1, 3rd Edition: Guiding Principles to Welcome Rain into Your Life and Landscape- Brad Lancaster
Rainwater Harvesting for Drylands and Beyond, Volume 2, 2nd Edition: Water-Harvesting Earthworks- Brad Lancaster
e-Learning Source:
http://www.rainwaterharvesting.org/Policy/Legislation.htm
1161#:~:text=Rainwater%20harvesting%20has%20been%20made,500%20sq%20meters%20or%20more.&text=As%20per%20the%20regulation%2C%20all,or%20more%20than%20300%20sq.
https://byjus.com/biology/rainwater-harvesting/
https://rainharvesting.co.uk/types-of-rainwater-harvesting-systems/
https://www.treehugger.com/beginners-guide-to-rainwater-harvesting-5089884

Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

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<p align="center">Name & Sign of Program Coordinator</p>	<p align="center">Sign & Seal of HoD</p>



Integral University, Lucknow

Effective from Session: 2022-23											
Course Code	Z010101T/BE105	Title of the Course	Food, Nutrition and Hygiene	L	2	T	0	P	0	C	2
Year	First	Semester	First								
Pre-Requisite	-	Co-requisite									
Course Objectives	To learn the basic concept of food, nutrition, hygiene, common diseases prevalent in society alongwith 1000 days nutrition concept.										
Course Outcomes											
CO1	To learn the basic concept of the Food and Nutrition, and meal planning.										
CO2	To learn about macro and micro nutrients and its RDA, sources, functions, deficiency and excess.										
CO3	To learn 1000 days Nutrition Concept and study the nutritive requirement during special conditions like pregnancyand lactation.										
CO4	To study common health issues in the society and to learn the special requirement of food during common illness.										
Unit No.	Title of the Unit	Content of Unit					Contact Hrs.	Mapped CO			
1	Concept of Food and Nutrition	(a) Definition of Food, Nutrients, Nutrition, Health, balanced Diet (b) Types of Nutrition- Optimum Nutrition, under Nutrition, Over Nutrition (c) Meal planning- Concept and factors affecting Meal Planning (d) Food groups and functions of food					8	1			
2	Nutrients: Macro and Micro RDA, Sources, Functions, Deficiency and excess of	(a) Carbohydrate (b) Fats (c) Protein (d) Minerals Major: Calcium, Phosphorus, Sodium, PotassiumTrace: Iron, Iodine, Fluorine, Zinc (e) Vitamins Water soluble vitamins: Vitamin B, C Fat soluble vitamins: Vitamin A, D, E, K (f) Water (g) Dietary Fiber					7	2			
3	1000 daysNutrition	(a) Concept, Requirement, Factors affecting growth of child (b) Prenatal Nutrition (0 - 280 days): Additional Nutrients’ Requirementand risk factors during pregnancy (c) Breast / Formula Feeding (Birth – 6 months of age) Complementary and Early Diet (6 months – 2 years of age)					8	3			
4	Community Health Concept	(a) Causes of common diseases prevalent in the society and Nutritionrequirement in the following: Diabetes Hypertension (High Blood Pressure)Obesity ConstipationDiarrhea Typhoid (b) National and International Program and Policies for improving Dietary Nutrition (c) Immunity Boosting Food					7	4			
Reference Books:											
Singh, Anita, “Food and Nutrition”, Star Publication, Agra, India, 2018.											
Sheel Sharma,Nutrition and Diet Therapy,Peepee Publishers Delhi,2014,First Edition.											
1000Days-Nutrition_Brief_Brain-Think_Babies_FINAL.pdf											
https://pediatrics.aappublications.org/content/141/2/e20173716											
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5750909/											
e-Learning Source:											
https://www.udemy.com/course/internationally-accredited-diploma-certificate-in-nutrition											
Diploma in Human Nutrition-Revised Offered by Alison											

Course Articulation Matrix: (Mapping of COs with POs and PSOs)												
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	-	-	-	2	2	3	2	3	3	2	2	-
CO2	-	-	-	3	2	3	2	3	3	2	2	-
CO3	-	-	-	3	3	2	3	3	-	-	2	-
CO4	-	-	3	3	3	3	3	3	3	2	3	-

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2022-2023							
Course Code	B150201T/ES132	Title of the Course	Environmental Biology	L	T	P	C
Year	First	Semester	Second	3	1	0	4
Pre-Requisite	10+2 with Physics, Chemistry & (Maths/ Biology)	Co-requisite					
Course Objectives	This course introduces the basic principles of Environmental biology, ecology, and the relationship between humans and natural world. This major course is designed to provide students with a foundation in population, whole organism, evolutionary biology and environmental science as well as in chemistry and mathematic						

Course Outcomes	
CO1	The student will be to understand the basic elements of ecology and environmental factors and ecosystem dynamics.
CO2	The course will lead the students understand the different functions played by ecosystem and its various positive and negative interactions with organisms.
CO3	Develop understanding about Evolutionary Theories, Ecological Succession and Taxonomy.
CO4	Ability to realize the usefulness of flora and fauna for pollution control mechanism.
CO5	Students will study about the growth of different types of microorganisms based on various environmental factors

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Ecology	Introduction of Ecology (Definition, History, Branches and Scope). Basic principles of Environment and Ecology; Environmental factors (Abiotic and biotic) their importance and role.	8	CO1
2	Ecosystem	Components, Structure, and function of Ecosystem; Major ecosystems (terrestrial, aquatic, and marine); Trophic Levels, food chain and food webs; Energy flow in Ecological systems; Ecological Pyramids, Productivity.	8	CO2
3	Autecology	Population Characteristics- Dispersion, Density, Natalty, Mortality, Age Structure, Population Growth; Human population & growth; Ecological niche and habitat; Positive and Negative Interactions of Populations.	6	CO2
4	Synecology	Community Structure, Growth Forms; Methods of Plant Community Analysis; Concept of Keystone Species, Ecotone, Ecotypes, Ecophene, ecological indicators; Ecological Succession.	8	CO3
5	Biogeochemical Cycles	Hydrological, Gaseous and Sedimentary Cycle- Carbon, Oxygen, Nitrogen, Phosphorus and Sulphur Cycles; Major biome of the world.	6	CO4
6	Limiting factors of Environment	Concept of limiting factors, laws of limiting factors – laws of minimum and tolerance, combined concept of limiting factors, Earth's carrying capacity	8	CO5
7	Taxonomy	Definition of taxonomy, Systematics, and classification; morphological and taxonomical studies of flora and fauna.	8	CO3
8	Microbiology	Basic concept on structures and functions of bacteria and viruses	8	CO5

1. Ecology and Environment: P.D. Sharma., Rastogi Publication.
2. Fundamental of Ecology: E. P. Odum, W. B. Saunders Company, USA
3. Ecology, 2nd Edition by Paul Colinvaux, Wiley.
4. Ecology: From Individuals to Ecosystems by Michael Begon & Colin R. Townsend & John L. Harper; Blackwell publishing.
5. Ecology: Theories and Applications (4th Edition) by Peter Stiling; Prentice Hall.
6. Textbook of Environmental Studies, Erach Bharucha, Orient longman Pvt. Ltd., Ernakulam.

e-Learning Source:
1. https://www.docsity.com/en/environmental-science-environmental-biology-lecture-notes/233205/
2. https://www.bdu.ac.in/cde/SLM/SLM_SAMPLE/BSc-Zoology.pdf
3. https://www.youtube.com/watch?v=I3WLJFXSbhw

Course Articulation Matrix: (Mapping of COs with POs and PSOs)																		
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	3	2											3	2				
CO2	3	3											3	2				
CO3	2	2											2	2				
CO4	3	3											3	2				
CO5	2	2											2	2				

5- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2022-2023

Course Code	B150203T/ES133	Title of the Course	Basics of Ecosystem Dynamics	L	T	P	C
Year	I	Semester	II	3	1	0	4
Pre-Requisite	10+2	Co-requisite					
Course Objectives	This course provides students the knowledge and understanding of Ecosystem Dynamics						

Course Outcomes	
CO1	Student will recognize evolutionary processes and adaptations of plant and animal species.
CO2	To enable students to differentiate between exponential and logistic models of population growth.
CO3	Be able to explain the major Biomes of the world.
CO4	Students will be able to Illustrate the ecosystem Energetic.
CO5	Students will be able to understand and describe effects of disturbances, adaptation and development in ecosystem.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Ecological Principles	Definition, Scope and basic principles of ecology and environment. Biological levels of organization, population, community, ecosystem and biosphere. Climatic factors-Solar radiations, temperature, water and precipitation.	8	CO1
2	Habitat and Niche	Concept of habitat and niche; niche width and overlap; fundamental and realized niche; resource partitioning; character displacement. Soil formation, soil types, soil profiles. Physical and chemical characters of soil, Soil biological characters. Topographic factors	8	CO1
3	Population Ecology	Basic concepts, population characteristics – density, natality, mortality, age-structure, population growth. Positive and negative interactions of populations – competition, predation, parasitism, mutualism.	8	CO2
4	Community Ecology	Community: Basic concepts, community structure, growth forms, life form. Analytical and synthetic characters of plant community. Methods of plant community analysis. Concept of keystone species and ecotone.	8	CO2
5	Biomes	Major biomes of the world, Characteristics of terrestrial Biomes like forests, grasslands, desert, mountain, Aquatic ecosystems like fresh water, estuary, marine ecosystems	8	CO3
6	Ecosystem Energetic	Primary and gross productivity, decomposition, Environmental factors affecting plant productivity, Law of thermodynamics, Flow of Energy, Energy flow Models, Energy efficiencies	6	CO4
7	Biogeography	Biogeography, Field of Biogeography, Principles of Biogeography, theory of island biogeography; Major biogeographical zones of India, Biogeography in evolution	8	CO5
8	Disturbance, adaptation and development	Ecological disturbances like fire, insect outbreak etc., Introduction to ecological succession, Concepts of succession, Classification and Trends in Succession, Co-evolution and group selection.	6	CO5

Reference Books:

1. Muller-Dombois, D. and Ellenberg, H. (1974). Aims and Methods of Vegetation Ecology
2. Wiley, New York. Odum, E.P. (1983), Basic Ecology
3. Sanders, Philadelphia. Robert Ricklefs (2001). The Ecology of Nature. Fifth Edition.
4. W.H. Freeman and Company. Singh K.P. and J.S. Singh (1992). Tropical Ecosystems: Ecology and Management.

e-Learning Source:

3. <https://www.britannica.com/search?query=Ecosystem%20dynamics>
4. <https://www.pdfdrive.com/from-energetics-to-ecosystems-the-dynamics-and-structure-of-ecological-systems-the-peter-yodzis-fundamental-ecology-series-e185582076.html>

	Course Articulation Matrix: (Mapping of COs with POs and PSOs)																	
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO4	PSO5	PSO6	PSO7
CO1	3	2											1	1				
CO2	2	2											2	1				
CO3	2	2											2	2				
CO4	2	2											1	2				
CO5	2	2											1	2				

6- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator					Sign & Seal of HoD				
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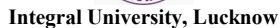


Course Outcomes	
CO1	The student will be to understand about Good Laboratory Practice (GLP).
CO2	Student will develop practical knowledge on Measurement of different soil parameters.
CO3	Be able to Illustrate abiotic/biotic interactions and symbiotic relationships
CO4	Develop knowledge on Preparation of Herbarium and its Documentation

Reference Books:
1. Muller-Dombois, D. and Ellenberg, H. (1974). Aims and Methods of Vegetation Ecology, Wiley, New York.
2. Odum, E.P. (1983), Basic Ecology, Sanders, Philadelphia.
3. Robert Ricklefs (2001). The Ecology of Nature. Fifth Edition. W.H. Freeman and Company.
4. Singh K.P. and J.S. Singh (1992). Tropical Ecosystems: Ecology and Management. Wiley Eastern Limited, Lucknow, India.
5. Singh, J.S. (ed.) 1993. Restoration of Degraded Land: Concepts and Strategies. Rastogi Publications, Meerut.
6. Smith, R.L. (1996). Ecology and Field Biology, Harper Collins, New York.
7. Botkin, D.B. and Keller, E.A. 2000. Environment Science: Earth as a living planet. Third Edition. John Wiley and Sons Inc.
e-Learning Source:
1. https://www.docsity.com/en/environmental-science-environmental-biology-lecture-notes/233205/
2. https://www.bdu.ac.in/cde/SLM/SLM_SAMPLE/BSc-Zoology.pdf
3. https://www.youtube.com/watch?v=I3WLJFXSbhw

7- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Course Outcomes	
CO1	Upon successful completion of this lab course students should be able to know about basic principles of ecology
CO2	To enable students to differentiate different types of Biotic interactions and Population Characteristics
CO3	Be able to explain the medicinal plants and its identification.
CO4	Students will be able to explain Important Value Index and different soil types of India.
CO5	

Reference Books:
Richard J Hobbs, Katharine N Suding, James Aronson, Donald A Falk, New Models for Ecosystem Dynamics and Restoration (2009).
Mary Luzier Ecological Succession (ES2017).

[https://www.deshbandhucollege.ac.in/pdf/resources/1586278723_BT_\(H\)_IV-_ECOLOGY.pdf](https://www.deshbandhucollege.ac.in/pdf/resources/1586278723_BT_(H)_IV-_ECOLOGY.pdf)

<https://www.magadhuniversity.ac.in/download/econtent/pdf/MU%20ecological%20succession%20-%20Rukhshana%20Parveen.pdf>

<https://ncert.nic.in/ncerts/l/kegy106.pdf><https://ncert.nic.in/ncerts/l/kegy106.pdf>

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2022-23

Effective from Session: 2022-23							
Course Code	B150205T/ES136	Title of the Course	Introduction to Atmosphere & Global Climate Change	L	T	P	C
Year	I	Semester	II	3	1	0	4
Pre-Requisite	10+2	Co-requisite					
Course Objectives	The purpose of this course is to impart basic and key knowledge of Atmosphere and Global Climate Change. This will help in enhancing knowledge of Influence of Meteorological Parameters and Atmospheric Circulation on Climate, contribution of Green Houses Gases in Global warming, remedial measures against Global warming and Climate Change and policies, Global and National Action Plan related to Climate Change mitigation. After successfully completion of course, the student will able explore subject into their respective dimensions.						
Course Outcomes							
CO1	Students will be able to analyse Impact of Atmospheric Circulation on World Climate and Influence of Meteorological Parameters & Atmospheric Stability in shaping of Climate.						
CO2	Students will be able to Evaluate the role of Remedial Measures in Combating Global Warming and Climate Change.						
CO3	Students will be able to Evaluate Various Policies related to Climate Change mitigation Strategies and Create a knowledge base for Global and National Action Plans to combat Climate Change Issues.						
CO4	Students will be able to Evaluate contribution of Green Houses Gases in Global warming and thereby bringing Change in Climate.						
CO5	Students will Analyse the role of Ozone Depleting Substances in Ozone layer Depletion and efforts for mitigation of Ozone hole Problem.						

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mappe dCO
1	AtmosphericCirculation	Movement of air masses; atmosphere and climate; air and sea interaction; southern oscillation; western disturbances; El Nino and La Nina; tropical cyclone; Indian monsoon and its development; changing monsoon in Holocene in the Indian subcontinent, its impact on agriculture and Indus valley civilization; effect of urbanization on micro climate; Asian brown clouds.	8	CO1
2	Energy Balance	Earth's energy balance; energy transfers in atmosphere; Earth's radiation budget; green house gases (GHGs);greenhouse effect; global conveyor belt, Milankovitch cycles.	8	CO3
3	Meteorological Parameters	Meteorological parameters (temperature, relative humidity, wind speed and direction, precipitation)	6	CO1
4	Atmospheric Stability	Atmospheric stability and mixing heights; temperature inversion; plume behavior; Gaussian plume model	6	CO1
5	Global Warmingand Climate Change	Earth's climate through ages; Global Warming; Climate Change; Relationship of Global warming with Climate Change, Trends of global warming and climate change; drivers of global warming and the potential of different green house gases (GHGs) causing the climate change; atmospheric windows.	8	CO2
6	Climate Change and Impact	Impact of climate change on atmosphere, weather patterns, sea level rise, agricultural productivity and biological responses - range shift of species, CO ₂ fertilization and agriculture; impact on economy and spread of human diseases.	8	CO4
7	Ozone LayerDepletion	Ozone layer or ozone shield; importance of ozone layer; ozone layer depletion and causes; Chapman cycle; process ofspring time ozone depletion over Antarctica; ozone depleting substances (ODS); effects of ozone depletion; mitigation measures	8	CO5
8	Climate Changeand Policy	Environmental policy debate; International agreements; Montreal protocol 1987; Kyoto protocol 1997; Convention on Climate Change; carbon credit and carbon trading; clean development mechanism.	8	CO3

Reference Books:

1. . Barry, R. G. 2003. Atmosphere, Weather and Climate. Routledge Press, UK.
2. Hardy, J.T. 2003. Climate Change: Causes, Effects and Solutions. John Wiley & Sons.
3. Harvey, D. 2000. Climate and Global Climate Change. Prentice Hall
4. Mitra, A.P., Sharma, S., Bhattacharya, S., Garg, A., Devotta, S. & Sen, K. 2004. Climate Change and India. Universities Press , India

e-Learning Source:

1. <https://www.edx.org/learn/climate-change>
2. <https://www.coursera.org/learn/global-warming#syllabus>

1. Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Course Articulation Matrix: (Mapping of COs with POs and PSOs)																		
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO4	PSO5	PSO6	PSO7
CO1	2	3	-	-	-	-	-	-	-	-	-	-	2	3	-	-	-	-
CO2	2	3	-	-	-	-	-	-	-	-	-	-	2	3	-	-	-	-
CO3	2	3	-	-	-	-	-	-	-	-	-	-	2	1	-	-	-	-
CO4	2	3	-	-	-	-	-	-	-	-	-	-	2	3	-	-	-	-
CO5	2	3	-	-	-	-	-	-	-	-	-	-	2	3	-	-	-	-

Name & Sign of Program Coordinator

Sign & Seal of HoD



Course Outcomes	
CO1	Students will be able to understand about Weather conditions of a particular region.
CO2	Students will be able to study about sequence of events that lead to climate change and trends of rise in green house gases concentration.
CO3	Students will be able to evaluate impacts of climate change on Species.
CO4	Students will be able to study about Climatic Classification of India based on Koppens System of Classification of Climate.

Reference Books:
https://soe.unipune.ac.in/studymaterial/swapnaGaikwadOnline/3bgeologictimescaleandextinction-150126074104-conversion-gate02.pdf
http://ppup.ac.in/download/econtent/pdf/Geological%20Timescale%20-%20BA%20Part%201,%20Paper%20-1,%20unit%20-2.pdf
https://www3.nd.edu/~cneal/planetearth/Chapt-13-Marshak.pdf
https://sci.waikato.ac.nz/evolution/Geolimescale.pdf
e-Learning Source:
https://www.youtube.com/watch?v=libKVRa01L8
https://www.youtube.com/watch?v=EytrFc9qIOo
https://www.youtube.com/watch?v=LhdO_Y-BauI
https://www.youtube.com/watch?v=tyjyUkfMdZM

8- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2022-2023

Course Code	I150207T/P/ES138	Title of the Course	Effluent Treatment and Management	L	T	P	C
Year	1ST Year	Semester	2	2	0	2	3
Pre-Requisite	10+2 with Science	Co-requisite					

Course Objectives This course provides students to enrich the knowledge on sources and characteristics of industrial wastewater, also emphasizes on design considerations of various unit operations and processes of effluent treatment facilities.

Course Outcomes

CO1	To gain knowledge about General characteristics of water and classification of the constituents and impurities in water.
CO2	Be able to learn objective and importance of Effluent treatment Plant.
CO3	Understand the benefits of conservation of our natural resources.
CO4	To focus on the waste water transport system and the theory and design technique for the Industrial waste water treatment process.
CO5	To gain a detailed knowledge regarding time-tested and reliable methods of collecting, storing, transferring and treating waste water to be used as a substitute for potable water supplies.
CO6	Students would have knowledge of Effluent treatment plants which are used by chemical and pharmaceutical industries to remove toxic material from waste water.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction to waste water, industrial effluents and its treatment concept	Definition and Introduction of waste water and Effluent treatment plant, Classification of waters, potable waters, Industrial effluents and domestic effluents, Water Cycle, Contaminated surface water, Need for waste water treatment plant, Overview of waste water treatment system concepts.	8	CO1
2	Different types of waste water treatment plant	Process and mechanism of Waste water treatment system, Types of Effluent treatment plant, Sewage treatment plants. Structure of Storage.	8	CO2
3	Mechanism of Primary, Tertiary treatment of waste water	Inflow structures, waste water treatment systems, Primary, Secondary and Tertiary treatment of waste water, Storage tank of waste water, coagulation, flocculation,	8	CO3
4	Overview of Biological Treatment	Overview of biological Treatment, Water borne Pathogenic microbes, Bacterial growth, Aeration tank, Aerobic microbes, Biological oxygen demand, Anaerobic microbial fermentation and oxidation, Trickling filters, Combined aerobic processes, Activated sludge film packing, Methanogen microbes, Production of bi	8	CO4
5	Advanced Treatment technologies	Technologies used in advanced treatment, Chlorination, Membrane Filtration Absorption, Ion Exchange, Advanced oxidation process. Testing of physical chemical and biological properties of water, Water Quality Standards, Physical chemical and Biological Factors Affecting Water Quality, Conservation and use of Waste water for Cleaning washing and Agriculture purposes	8	CO5
6	Laws, Guidelines and policies	Laws and Policies implemented by various cities in India, 'Environment (Protection) Act, 1986, The Water (Prevention and Control of Pollution) Act, 1974, Legislations on waste water treatment, Status of sewage treatment in India' CPCB Guidelines for sewage Treatment Plants (STPs) 2021, Government subsidies for Effluent Treatment and Management plant	8	CO 6

Reference Books:

- 1) Agarwal, K.C. 2001 Environmental; Biology, Nidi Pub. Ltd. Bikaner.
- 2) Bharucha Erach, The Biodiversity of India, Mapin Pub. Pvt. Ltd., Ahmedabad-380, India.
- 3) Brunner R.C. 1989. Hazardous waste incineration, Mc Graw Hill
- 4) Clark R.S. Marine Pollution, Clanderon Press Oxford (TB)

e-Learning Source:

1. <https://cpcb.nic.in/status-of-stps/>
2. <https://www.slideshare.net/sheshir/etp-effluent-treatment-plant>
3. <http://www.indiaenvironmentportal.org.in/content/456235/policy-for-reuse-of-treated-waste-water/>
4. <https://www.slideshare.net/GhassanHadi/waste-water-treatment-120127260>
5. <https://www.onlinebiologynotes.com/sewage-treatment-process-of-wastewater-treatment/>
6. <https://www.onlinebiologynotes.com/sewage-treatment-process-of-wastewater-treatment/>
7. <http://www.sigmaenv.in/effluent-treatment-plant-ppt-2769696.html>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	3	1	2	3	1	2	1	-	-	-	-	-	1	2	3	1	-	-
CO2	3	2	1	3	2	2	3	-	-	-	-	-	2	1	3	2	-	-
CO3	3	1	3	2	2	3	3	-	-	-	-	-	1	3	2	2	-	-
CO4	2	1	2	3	2	2	3	-	-	-	-	-	1	2	3	2	-	-
CO5	3	2	2	3	2	3	3	-	-	-	-	-	2	2	3	2	-	-
CO6	3	2	2	3	2	3	3	-	-	-	-	-	2	2	3	2	-	-

9- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2022

Course Code	B030202T/MT148	Title of the Course	Basic Mathematics & Statistic	L	T	P	C
Year	I	Semester	II	3	1	0	4
Pre-Requisite	10+2	Co-requisite					
Course Objectives	The purpose of this undergraduate course is to impart basic and key knowledge of elementary mathematics. By using the principal of applied mathematics to obtain quantitative relations which are very important for higher studies. After successfully completion of course, the student will able to explore subject into their respective dimensions						

Course Outcomes

CO1	Students will be able to interpret limits and continuity of functions. Also they can find differential coefficient, differentiation of functions including function of a function, differentiation of parametric form, simple and successive differentiation.
CO2	Students will evaluate and interpret integration as an inverse of differentiation; They will be able to find indefinite integrals of standard form, integration by parts, by substitution and by partial fraction method. They can evaluate definite integrals.
CO3	Students can describe the basic concepts of simple random sampling and stratified random sampling. They can understand and find measures of central tendency (mean, median and mode), measures of variation (mean deviation and standard deviation), measure of coefficient of variation. Student will be able to understand and evaluate covariance and correlations, Karl Pearson's Coefficient of correlation and Spearman's coefficient of rank correlation. They can also be able to find regression by method of least squares.
CO4	Students can interpret the fundamental principle of counting. They will also be able to find permutations, permutations under certain conditions, combinations, combinatorial identities. They can also apply Binomial theorem (without proof)
CO5	Students will be able to understand the random experiment and associated sample space, events. They can also find probability and can use addition and multiplication theorems for finding probability (without proof). They will be able to understand probability distributions, and will be able to find Binomial, Poisson and Normal distributions.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Limit and Continuity	Set and functions, left hand limit and right hand limit, limits of function, continuity of function	7	CO1
2	Differentiability	Definition of differential coefficient, differentiation of function including function of a function, differentiation of parametric form, simple and successive differentiation, Leibnitz rule	8	CO1
3	Integrations	Integration as inverse of differentiation, indefinite integrals of standard form, integration by parts, substitution method and partial fraction method. evaluation of definite integrals.	8	CO2
4	Univariate Statistics	Basic concepts of simple random sampling and stratified random sampling, measures of central tendency (mean, median and mode), measures of variation (mean deviation, quartile deviation and standard deviation), coefficient of variation	7	CO3
5	Bivariate Statistics	Covariance, correlations, scatter diagram, Karl Pearson's coefficient of correlation, Spearman's coefficient of rank correlation, regression and its coefficient, estimation of regression lines by the method of least square	7	CO3
6	Permutations and Combinations	Fundamental principle of counting, permutations, permutations under certain conditions, combinations, combinatorial identities, Binomial theorem (without proof), some applications of Binomial theorem	7	CO4
7	Probability theory	Random experiment and associated sample space, events, definition of probability, algebra of events, addition and multiplication theorems on probability (without proof), conditional probability, Baye's theorem	8	CO5
8	Probability Distributions	Probability distribution, probability mass function, probability distribution function, expectations, Binomial, Poisson, normal distributions and their mean and variance, fitting the expected frequency of Binomial and Poisson distributions.	8	CO5

Reference Books:

1. Murray R. Spiegel, 1980, Probability and Statistics, Schaum's (Outline Series) McGraw-Hill Book Co.
2. Q. S. Ahmad, V. Ismail and S. A. Khan: Biostatistics, Laxmi Publications Pvt. Ltd.
3. E. Kreyszig, "Advanced Engineering Mathematics", 5th Edition, Wiley Eastern, 1985.
4. Higher Engineering Mathematics, B. V. Ramana. Tata McGraw Hill Publishers.

e-Learning Source:

1. NPTEL, MOOC

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	3				1		3	2		2	2
CO2	3				1		3	2		2	1
CO3	3				3		3	2		1	2
CO4	3				1		3	2		2	3
CO5	3				3		3	2		2	3

10- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator				Sign & Seal of HoD			
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Integral University, Lucknow

Effective from Session: 2022							
Course Code	A040209- LN109	Title of the Course	Basic of Communication	L	T	P	C
Year	First	Semester	Second	3	1	0	4
Pre-Requisite		Co-requisite					
Course Objectives	To enhance basic communication skill among the students. Students will also learn about the fundamentals of linguistics and Grammars.						
Course Outcomes							
CO1	Basic understanding of Communication and professional communication						
CO2	Basic knowledge of structural and functional Grammar. Learning language through literature.						
CO3	Basic tools of communication and improvement in communicative competence.						
CO4	Understanding the basic grammar and basic structure of language.						
CO5	Students will gain a fundamental understanding of the nature, branches, and history of Linguistics.						

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Professional Communication	Professional Communication: Its Importance, Essentials of Effective Meaning and Communication, Barriers to Effective Communication.	8	1
2	Language through Literature	A. Essays: 1. The Effect of Scientific Temper on Man by Bertrand Russell, 2. The Aim of Science and Humanities by Moody E Prior. B. 1. The Meeting Pool by Ruskin Bond, 2. The Portrait of a Lady by Khushwant Singh	8	2
3	Basic Vocabulary	Euphemism, One-word Substitution, Synonyms, Antonyms, Homophones, Idioms and Phrases, Common Mistakes, Confusable Words and Expressions.	8	3
4	Basic Grammar	Articles, Prepositions, Tenses, Concord, (Subject-Verb agreement), Modal Auxiliaries, Verbs: its Kinds and uses, Degrees of Comparison, Punctuation	8	4
5	Language and Linguistics	Language: Definition, characteristics and importance of Language Linguistics: Definition, nature, scope, branches, levels and types of Linguistics, Linguistics versus Traditional Grammar.	8	5

Reference Books:

Effective Communication Skills

Improve Your Communication Skills

Communication Skills Training

e-Learning Source:

www.ignou.com

www.swayam.com

www.coursera.com

PO-PS O CO	Course Articulation Matrix: (Mapping of COs with POs and PSOs)											
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	3	2	3	3	-	-	2	3	3	2	-
CO2	2	3	1	2	3	-	-	2	3	3	1	-
CO3	1	3	1	2	3	-	-	3	3	2	2	-
CO4	3	3	2	2	3	-	-	2	2	3	1	-
CO5	2	3	2	3	3	-	-	3	3	2	3	-

1- Low Correlation; 2- Moderate correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2022-2023

Effective from Session: 2022-2023							
Course Code	Z020201/NS110	Title of the Course	First Aid and Health	L	T	P	C
Year	First	Semester	Second	2	0	0	2
Pre-Requisite	10+2	Co-requisite	-				
Course Objectives	This course aims to educate fundamental and essential understanding of first aid and sex education.						

Course Outcomes

CO1	Learn the skill needed to assess the ill or injured person and learn the skills to provide CPR to infants, children and adults.
CO2	Learn the skills to handle emergency child birth and learn the Basic sex education help young people navigate thorny questions responsibly and with confidence.
CO3	Learn the Basic sex education help youth to understand Sex is normal. It's a deep, powerful instinct at the core of our survival as a species. Sexual desire is a healthy drive.
CO4	Help to understand natural changes of adolescence
CO5	Learn the skill to identify Mental Health status and Psychological First Aid

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Fundamentals of First Aid-I	A. Basic First Aid <ul style="list-style-type: none"> • Aims of first aid & First aid and the law. • Dealing with an emergency, Resuscitation (basic CPR). • Recovery position, Initial top to toe assessment. • Hand washing and Hygiene • Types and Content of a First aid Kit B. First AID Technique <ul style="list-style-type: none"> • Dressings and Bandages. • Fast evacuation techniques (single rescuer). • Transport techniques. C. First aid related with respiratory system <ul style="list-style-type: none"> • Basics of Respiration • No breathing or difficult breathing, Drowning, Choking, Strangulation and hanging, • Swelling within the throat, Suffocation by smoke or gases and Asthma. D. First aid related with Heart, Blood and Circulation <ul style="list-style-type: none"> • Basics of The heart and the blood circulation. • Chest discomfort, bleeding. E. First aid related with Wounds and Injuries <ul style="list-style-type: none"> • Type of wounds, Small cuts and abrasions • Head, Chest, Abdominal injuries • Amputation, Crush injuries, Shock F. First aid related with Bones, Joints Muscle related injuries <ul style="list-style-type: none"> • Basics of The skeleton, Joints and Muscles. • Fractures (injuries to bones). 	8	1,2
2	Fundamentals of First Aid-II	G. First aid related with Nervous system and Unconsciousness <ul style="list-style-type: none"> • Basics of the nervous system. • Unconsciousness, Stroke, Fits – convulsions – seizures, Epilepsy. H. First aid related with Gastrointestinal Tract <ul style="list-style-type: none"> • Basics of The gastrointestinal system. • Diarrhea, Food poisoning. I. First aid related with Skin, Burns <ul style="list-style-type: none"> • Basics of The skin. • Burn wounds, Dry burns and scalds (burns from fire, heat and steam). • Electrical and Chemical burns, Sun burns, heat exhaustion and heatstroke. • Frost bites (cold burns), Prevention of burns, Fever and Hypothermia. J. First aid related with Poisoning <ul style="list-style-type: none"> • Poisoning by swallowing, Gases, Injection, Skin K. First aid related with Bites and Stings <ul style="list-style-type: none"> • Animal bites, Snake bites, Insect stings and bites L. First aid related with Sense organs <ul style="list-style-type: none"> • Basic of Sense organ. • Foreign objects in the eye, ear, nose or skin. • Swallowed foreign objects. M. Specific emergency satiation and disaster management <ul style="list-style-type: none"> • Emergencies at educational institutes and work • Road and traffic accidents. • Emergencies in rural areas. • Disasters and multiple casualty accidents. • Triage. • Emergency Child birth 	8	2.3
3	Fundamentals of Sex Education-I	Basic Sex Education <ul style="list-style-type: none"> • Overview, ground rules, and a pre-test • Basics of Urinary system and Reproductive system. • Male puberty — physical and emotional changes 	7	4

		<ul style="list-style-type: none"> • Female puberty — physical and emotional changes • Male-female similarities and differences • Sexual intercourse, pregnancy, and childbirth • Facts, attitudes, and myths about LGBTQ+ issues and identities • Birth control and abortion • Sex without love — harassment, sexual abuse, and rape • Prevention of sexually transmitted diseases. 		
4	Fundamentals of Sex Education-II	<ul style="list-style-type: none"> • Mental Health and Psychological First Aid • What is Mental Health First Aid? • Mental Health Problems in the India • The Mental Health First Aid Action Plan • Understanding Depression and Anxiety Disorders • Crisis First Aid for Suicidal Behavior & Depressive symptoms • What is Non-Suicidal Self-Injury? • Non-crisis First Aid for Depression and Anxiety • Crisis First Aid for Panic Attacks, Traumatic events • Understanding Disorders in Which Psychosis may Occur • Crisis First Aid for Acute Psychosis 	7	5

Reference Books:

Indian First Aid Manual-<https://www.indianredcross.org/publications/FA-manual.pdf>

Red Cross First Aid/CPR/AED Instructor Manual

<https://mhfa.com.au/courses/public/types/youthedition4>

Finkelhor, D. (2009). The prevention of childhood sexual abuse. Durham, NH: Crimes Against Children Research Center.

Orenstein, P. (2016). Girls and sex: Navigating the complicated new landscape. New York, NY: Harper.

e-Learning Source:

<https://www.redcross.org/take-a-class/first-aid/first-aid-training/first-aid-online>

www.unh.edu/ccrc/pdf/CV192.pdf

<https://www.firstaidforfree.com/>

<https://www.coursera.org/learn/psychological-first-aid>

<https://www.coursera.org/learn/mental-health>

	Course Articulation Matrix: (Mapping of COs with POs and PSOs)											
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	1	-	-	-	-	-	2	-	-	2	1
CO2	1	3	-	-	-	-	-	2	-	-	3	3
CO3	2	3	-	-	-	-	-	3	-	-	2	2
CO4	3	2	-	-	-	-	-	1	-	-	3	3
CO5	3	3	-	-	-	-	-	3	-	-	2	3

11- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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